Lap Lane Availability

Competition Pool (50m) - Week Starting 09/11/2026

Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
6:00am	7 x 50m	4 x 50m	7 x 50m	4 x 50m	7 x 50m	CLOSED	CLOSED
6:30am	7 x 50m	4 x 50m	7 x 50m	4 x 50m	7 x 50m		
7:00am	7 x 50m	4 x 50m	7 x 50m	4 x 50m	7 x 50m		
7:30am	7 x 50m	7 x 50m	7 x 50m	7 x 50m	7 x 50m		
8:00am	7 x 50m	7 x 50m	CARNIVAL (facility closed to public)	CARNIVAL (facility closed to public)	7 x 50m	7 x 50m	7 x 50m
8:30am	7 x 50m	7 x 50m			7 x 50m	6 x 50m	7 x 50m
9:00am	6 x 50m	6 x 50m			6 x 50m	6 x 50m	7 x 50m
9:30am	6 x 50m	6 x 50m			6 x 50m	6 x 50m	7 x 50m
10:00am	6 x 50m	6 x 50m			6 x 50m	6 x 50m	4 x 50m
10:30am	7 x 50m	6 x 50m			6 x 50m	6 x 50m	4 x 50m
11:00am	7 x 50m	6 x 50m			6 x 50m	6 x 50m	4 x 50m
11:30am	7 x 50m	7 x 50m			6 x 50m	6 x 50m	7 x 50m
12:00pm	4 x 50m	6 x 50m			4 x 50m	6 x 50m	7 x 50m
12:30pm	4 x 50m	6 x 50m			4 x 50m	7 x 50m	7 x 50m
1:00pm	7 x 50m	7 x 50m			6 x 50m	7 x 50m	7 x 50m
1:30pm	7 x 50m	7 x 50m			6 x 50m	7 x 50m	7 x 50m
2:00pm	7 x 50m	7 x 50m			6 x 50m	7 x 50m	7 x 50m
2:30pm	6 x 50m	7 x 50m			6 x 50m	7 x 50m	7 x 50m
3:00pm	6 x 50m	7 x 50m	6 x 50m	6 x 50m	6 x 50m	7 x 50m	7 x 50m
3:30pm	5 x 50m	7 x 50m	5 x 50m	6 x 50m	7 x 50m	7 x 50m	7 x 50m
4:00pm	5 x 50m	7 x 50m	5 x 50m	6 x 50m	7 x 50m	7 x 50m	7 x 50m
4:30pm	5 x 50m	7 x 50m	5 x 50m	6 x 50m	7 x 50m	7 x 50m	7 x 50m
5:00pm	5 x 50m	7 x 50m	5 x 50m	6 x 50m	7 x 50m	7 x 50m	7 x 50m
5:30pm	5 x 50m	7 x 50m	6 x 50m	6 x 50m	7 x 50m	7 x 50m	7 x 50m
6:00pm	5 x 50m	7 x 50m	6 x 50m	6 x 50m	5 x 50m	7 x 50m	7 x 50m
6:30pm	7 x 50m	7 x 50m	6 x 50m	7 x 50m	5 x 50m	7 x 50m	7 x 50m
6:45pm	PATRONS EXIT POOLS FOR CHANGEROOM ACCESS						

***No recreational swimming will be allowed in the 50m Pool during our peak periods during the week (3:00pm-7:30pm). Lap swimming will only be allowed at this time**

Lap Lane Etiquette

To ensure your lap swimming session is a rewarding one, please refer to our website for the lap lane guide. This will ensure all centre users can experience the best possible visit.